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Total No. of Pages : 02

Total No. of Questions : 09

B.Voc. (Beauty Therapy and Aesthetics) (Sem.-3)

SPA

Subject Code : BASC309-19

M.Code : 78426

Date of Examination : 18-12-2023

Time : 3 Hrs.

Max. Marks : 60

INSTRUCTIONS TO CANDIDATES :

1. **SECTION-A is COMPULSORY** consisting of **TEN** questions carrying **TWO** marks each.
2. **SECTION-B** contains **FIVE** questions carrying **FIVE** marks each and students have to attempt any **FOUR** questions.
3. **SECTION-C** contains **THREE** questions carrying **TEN** marks each and students have to attempt any **TWO** questions.

SECTION-A

1. Write briefly :

- a) Massage
- b) Lymphatic drainage
- c) Base oils
- d) Positive impression
- e) Trolley setting
- f) Skin type
- g) Communication
- h) Deep tissue
- i) Client records
- j) Contraindications.

SECTION-B

2. Discuss the benefits of reflexology.
3. What are the primary goals of spa?
4. Why maintaining good appearance and behavior is important?
5. Explain different types of wraps.
6. Explain the importance of maintaining proper sanitation and hygiene.

SECTION-C

7. Discuss the steps you would take to ensure effective communication with the client during the service.
8. What are the different types of massage techniques?
9. Explain the lymphatic drainage in detail.

NOTE : Disclosure of Identity by writing Mobile No. or Making of passing request on any page of Answer Sheet will lead to UMC against the Student.