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Total No. of Pages : 02

Total No. of Questions : 09

B.Voc. (Beauty Therapy and Aesthetics) (Sem.-5)

SPA-II

Subject Code : BASC507-19

M.Code : 90870

Date of Examination : 28-11-23

Time : 3 Hrs.

Max. Marks : 60

INSTRUCTIONS TO CANDIDATES :

1. **SECTION-A** is **COMPULSORY** consisting of **TEN** questions carrying **TWO** marks each.
2. **SECTION-B** contains **FIVE** questions carrying **FIVE** marks each and students have to attempt any **FOUR** questions.
3. **SECTION-C** contains **THREE** questions carrying **TEN** marks each and students have to attempt any **TWO** questions.

SECTION-A

1. Write briefly :

- a) Aromatherapy
- b) Hygiene
- c) Essential oils
- d) Skin type
- e) Trolley setting
- f) Massage
- g) Pressure point
- h) Reflexology
- i) Client records
- j) Precautions.

SECTION-B

2. Discuss the techniques of deep tissue massage
3. List few precautions while giving aromatherapy.
4. How to prepare the client for the Spa therapy service?
5. How ayurvedic massage is different from aromatherapy?
6. What are basic principles of aromatherapy massage?

SECTION-C

7. Explain how different areas of the feet correspond to specific organs in the body with a detailed diagram.
8. What are the various types of oils used for different skin types?
9. Discuss Deep tissue procedure in detail.

NOTE : Disclosure of Identity by writing Mobile No. or Making of passing request on any page of Answer Sheet will lead to UMC against the Student.